

Welcome to For Positive Men!

For Positive Men (For PM) is a peer-based and peer-led social and support group for HIV-positive men. In short, there are no elected leaders and all levels of participation are voluntary.

We are a diverse group, open to participation by all poz (HIV+) guys, 18 or older of any race or sexual preference.

Our main group meetings are held every Thursday night from 6:30 to 8:30 PM at Casa De Cristo, 1029 E. Turney Ave, Phoenix. We are not affiliated with the church in any way, and there is no limits on topics because of where we meet.

In addition to the weekly meetings, we have a very active mailing list, a monthly movie night & other social gatherings during the month.

If you have any questions or concerns not covered here, please feel free to ask during or after the meeting, or contact one of the Welcome Team members listed on the back cover.

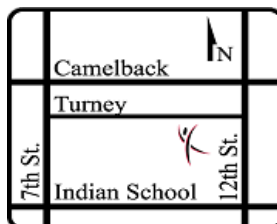
Give us three times

As with any group, not every meeting is the same. Topics vary widely from meeting to meeting, ranging from serious HIV topics to pop culture to politics to techno babble. There are no limits on topics: serious and funny; opinions and observations; news, reminders, and announcements.

Just raise your hand if you want to contribute to the discussion, share some news, ask a question, get some advice, or change the topic. You'll find we have a wide range of experience and a willingness to help.

We ask that you give us three times. The first time or two may or may not be great. If after three meetings it's still not working for you, then this is probably not the group for you. We would be glad to recommend other groups that may better meet your needs.

We meet every Thursday at 6:30 pm at Casa de Cristo, 1029 E Turney, Phoenix, AZ



For Positive Men
Phoenix AZ
www.ForPM.org

last revised 10/02/09



Meeting Schedule

The meetings start around 6:30 pm with a welcome, quick introductions, and announcements. We then open it up for discussion on any topic of interest to the group. Feel free to ask a question or raise a topic of your own.

There is a 15 minute break at 7:30 pm. Feel free to approach anyone and introduce yourself. We don't bite.

The meeting finishes at 8:30 pm. Afterwards, most of us descend on a nearby restaurant for food and more conversation. Please join us!

Meeting Ground Rules

- Confidentiality. What's said here stays here. When in doubt, leave it out.
- Turn your cell phones off or on vibrate. Refrain from texting during the meeting.
- Please raise your hand to speak.
- Ask before changing the topic.
- Personal attacks on doctors, organizations, etc. by name are not allowed. You're welcome to talk about the facts of your situation, but please refrain from naming names during the meeting.
- If you don't feel safe for any reason, please let the moderator or alternate moderator know.



ForPM Resources & Events

Mailing List

We have an active Yahoo group e-mail list. Contact Chris D. if you'd like to be on the mailing list.

Phone List

There is a phone list of members that's updated quarterly. You can request a copy or look for it in the Files section of the Yahoo Group.

Other Events

Our members sponsor events throughout the year. You can find out about these events at the Yahoo Group Calendar or by coming to a meeting. Events include...

Movie Outings - once-a-month on a Sunday afternoon many of us get together to check out a current Hollywood release.

Pool Parties - during the summer months, there are a number of pool parties and other outdoor activities.

Camping - check the Calendar to see what's scheduled.

HIV Talks - various organizations here in town sponsor free dinner talks on all things HIV. We announce many of these talks at our Thursday night meetings and on the Yahoo e-mail list.

Poz Social Phoenix - while not a member sponsored 4PM event, you'll see many of us there.

Everyone is welcome to create events. Put something together and announce it on the Yahoo Group Calendar and at the meeting. If you need help announcing your event, talk to Chris D.

Community Resources

Here are some resources in the community you can check out...

Care Directions

602-264-2273

Provides case management services for HIV+ individuals. A good "first place" to get plugged into the system.

Southwest Center for HIV/AIDS

www.swhiv.org

602-307-5330

Southwest Center offers a wide range of services, including wellness programs, a low/no cost Vitamin and Herb Shop, behavioral health, support groups, Positive Pals (one-on-one support), Child Watch (child care), the Agnes Pet Fund, and clinical trials.

Poz Social Phoenix

www.PozSocialPhx.com

Where HIV+ men meet to socialize every 2nd Monday of the month.

AGAPE Network

www.agapenetwork1.org

602-234-6143

Joshua Tree

www.joshuatreefeedingprograminc.org

602-264-0223

Both provide nutrition & food boxes for people living with HIV & AIDS.

Volunteer Lawyers Program

www.vlpmaricopa.org

602-258-3434